

## SUMMARY AARC Guidance Document SARS CoV-2 (COVID-19)

Richard D Branson MSc RRT FAARC – Editor in Chief, RESPIRATORY CARE; University of Cincinnati

Dean R Hess – Editor, RESPIRATORY CARE

Rich Kallet MSc PhD RRT FAARC – Managing Editor, Editor RESPIRATORY CARE; San Francisco General Hospital

Lewis Rubinson PhD MD - Chief Medical Officer, Morristown Medical Center, Morristown, NJ

Below are selected references from the Guidance Document regarding high flow (HFNC) and please refer to the full document for detailed rationale or reference to the source as required (<https://www.aarc.org/wp-content/uploads/2020/03/guidance-document-SARS-COVID19.pdf>)

Recommendations from the SCCM task force:	Strength
In adults with COVID-19, we <b>suggest</b> starting supplemental oxygen if the peripheral oxygen saturation (SPO <sub>2</sub> ) is < 92%, and <b>recommend</b> starting supplemental oxygen if SPO <sub>2</sub> is < 90%	Weak / Strong
In adults with COVID-19 and <b>acute hypoxemic respiratory failure on oxygen</b> , we <b>recommend</b> that SPO <sub>2</sub> be maintained no higher than 96%.	Strong
For adults with COVID-19 and <b>acute hypoxemic respiratory failure</b> despite conventional oxygen therapy, we <b>suggest using</b> HFNC over conventional oxygen therapy.	Weak
In adults with COVID-19 and <b>acute hypoxemic respiratory failure</b> , we <b>suggest</b> using HFNC over NIPPV.	Weak
In adults with COVID-19 and <b>acute hypoxemic respiratory failure</b> , if HFNC is not available and there is no urgent indication for endotracheal intubation, we <b>suggest</b> a trial of NIPPV with close monitoring and short-interval assessment for worsening of respiratory failure.	Weak
<b>We were not able to make a recommendation</b> regarding the use of helmet NIPPV compared with mask NIPPV. It is an option, but we are not certain about its safety or efficacy in COVID-19.	No Recommendation
In adults with COVID-19 receiving NIPPV or HFNC, we <b>recommend</b> close monitoring for worsening of respiratory status, and early intubation in a controlled setting if worsening occurs.	Best practice statement