

## SUMMARY AARC Guidance Document SARS CoV-2 (COVID-19)

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Below are selected references from the Guidance Document regarding high flow (HFNC) and please refer to the full document for detailed rationale or reference to the source as required (<https://www.aarc.org/wp-content/uploads/2020/03/guidance-document-SARS-COVID19.pdf>)

Recommendations from the SCCM task force:	Strength
In adults with COVID-19, we <b>suggest</b> starting supplemental oxygen if the peripheral oxygen saturation (SPO <sub>2</sub> ) is < 92%, and <b>recommend</b> starting supplemental oxygen if SPO <sub>2</sub> is < 90%	Weak / Strong
In adults with COVID-19 and <b>acute hypoxemic respiratory failure on oxygen</b> , we <b>recommend</b> that SPO <sub>2</sub> be maintained no higher than 96%.	Strong
For adults with COVID-19 and <b>acute hypoxemic respiratory failure</b> despite conventional oxygen therapy, we <b>suggest using</b> HFNC over conventional oxygen therapy.	Weak
In adults with COVID-19 and <b>acute hypoxemic respiratory failure</b> , we <b>suggest</b> using HFNC over NIPPV.	Weak
In adults with COVID-19 and <b>acute hypoxemic respiratory failure</b> , if HFNC is not available and there is no urgent indication for endotracheal intubation, we <b>suggest</b> a trial of NIPPV with close monitoring and short-interval assessment for worsening of respiratory failure.	Weak
<b>We were not able to make a recommendation</b> regarding the use of helmet NIPPV compared with mask NIPPV. It is an option, but we are not certain about its safety or efficacy in COVID-19.	No Recommendation
In adults with COVID-19 receiving NIPPV or HFNC, we <b>recommend</b> close monitoring for worsening of respiratory status, and early intubation in a controlled setting if worsening occurs.	Best practice statement